



The Family Planning Association is the premier non-governmental organisation that pioneered the family planning programme in Sri Lanka. It focuses on multiple aspects of reproductive health and wellbeing of all communities in Sri Lanka. The mission of the organisation is to shape the quality of life of People.

The ability of FPA Sri Lanka to harness the spirit of volunteerism has been the key contributory factor to the success of it. The management is guided by volunteers and project activities are implemented through the mobilization of volunteers at grassroots level.

The multi-disciplinary approach that it uses to tackle issues relating to sexual and reproductive health (SRH), integrates public health initiatives with political, legal, social, cultural and economic considerations. FPA Sri Lanka looks forward to contribute to the improved accessibility to a wide range of SRH services that will be provided within a rights based and gender sensitive framework for all men and women in Sri Lanka.

# CORPORATE INFORMATION

## Name of the Organisation

The Family Planning  
Association of Sri Lanka

## Year of Establishment

1953

## Registration

- ▶ Registered as a Company Limited by Guarantee.  
Registration No A32
- ▶ Registered as a Voluntary Social Services / Non Governmental Organisation under Voluntary Social Services Organisation (Registration & Supervision) Act No 31 of 1980 as amended by Act No 8 of 1998  
Registration No - L13807
- ▶ Approved Charity under Inland Revenue Act by Gazette Notification dated 5<sup>th</sup> May 1965

## International Affiliation

Accredited Member of the International Planned Parenthood Federation (IPPF)

## IPPF

International Planned Parenthood Federation (IPPF) is the global service provider and a leading advocate of sexual and reproductive health and rights for all. It is a worldwide movement of national organizations working with and for communities and individuals.

## Company Secretary

Businessmate (Pvt) Ltd.  
45, Braybrooke Street,  
Colombo 02.

## Bankers

- Bank of Ceylon (BOC)
- National Savings Bank (NSB)
- Standard Chartered Bank (SCB)
- Nations Trust Bank (NTB)
- Commercial Bank

## Auditors

Earnst & Young  
201, De Saram Place,  
Colombo 10.

## Registered Address

37/27 Bullers Lane,  
Colombo - 07,  
Sri Lanka.  
Telephone : +94 11 2 584157  
Fax : +94 11 2 580915 / 5367308  
Web Site : www.fpasrilanka.org  
E-mail : fpa@fpasrilanka.org

## Chinthana Training Centre

No.40, Chilaw Road  
Nainamadama.  
Tel: 031 2251251  
Tel/Fax:031 2255326

## Alokaya Resource Centres

- ▶ **Alokaya Resource Centre - Ampara**  
No : B - 584, Dharmapala Mawatha,  
Ampara. Tel: 060-2 638 483  
alokaya-a@fpasrilanka.org
- ▶ **Alokaya Resource Centre - Batticaloa**  
No. 363,  
Trincomalee Road, Batticaloa.  
alokaya-b@fpasrilanka.org
- ▶ **Alokaya Resource Centre - Trincomalee**  
No. 16, Green Road, Trincomalee.  
alokaya-t@fpasrilanka.org
- ▶ **Alokaya Resource Centre - Ampara**  
BOI, Koggala, Tel: 060-2 159 258
- ▶ **Alokaya Resource Centre - Biyagama**  
533/AI, Samurdhi Mawatha, Malwana,  
Biyagama  
Tel: 060-2 159 2246
- ▶ **Alokaya Resource Centre - Rathnapura**  
Houpe Estate, Kahawatte, Rathnapura.

## Youth Friendly Centre

L/G/G Ground Floor, Block L,  
Govt. Flats, **Bambalapitiya**  
Tel: +94 112556611  
yfc@fpasrilanka.org

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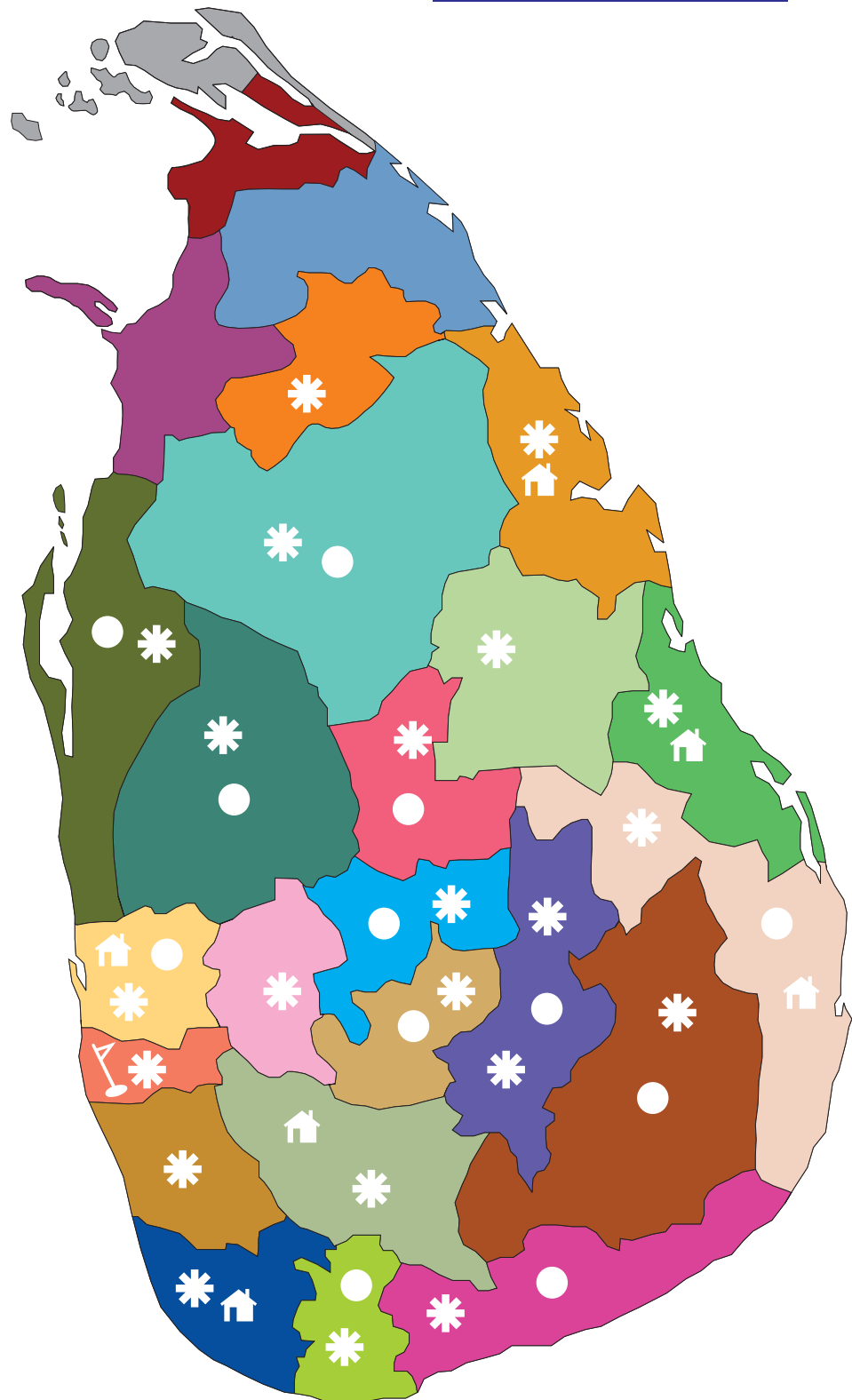
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# PROJECT LOCATIONS

- Prajashanthi Project Areas
- \* Contraceptive Retail Sales - Direct Distributing Areas
- 🏠 Alokaya Resources Centers
- 🏫 Youth Friendly Center

- Ampara
- Anuradahpura
- Badulla
- Batticaloa
- Colombo
- Galle
- Gampaha
- Hambantota
- Jaffna
- Kalutara
- Kandy
- Kegalle
- Kilinochchi
- Kurunegala
- Mannar
- Matale
- Matara
- Monaragala
- Mullaitivu
- Nuwara - Eliya
- Polonnaruwa
- Puttalam
- Ratnapura
- Trincomalee
- Vavuniya



## VISION

FPA Sri Lanka envisages a country in which every woman, man and young person has access to the information and services they need; in which sexuality is recognised both as a natural and important aspect of all our lives and as a fundamental human right; a world in which choices are fully respected and where stigma and discrimination have no place

## MISSION

Advocate, promote and provide; information, education and services on family planning and reproductive health to all segments of the population to improve the quality of life of the people

## CORE VALUES

- FPA Sri Lanka believes that, sexual and reproductive health and rights are internationally recognised human rights and, as such, should be guaranteed for everyone.
- FPA Sri Lanka values diversity and strives, to achieve this in its governance and in its programs
- FPA Sri Lanka considers, the spirit of volunteerism to be central to achieving its goals and advancing its ideals
- FPA Sri Lanka believes that, in promoting and advancing its ideals, it should always be responsive to cultural and social values, norms and the concerns of people of the country



## STRATEGIC FRAMEWORK

In 2004, International Planned Parenthood Federation (IPPF) introduced a strategic framework for the period of 2005 to 2009. Based on the global commitments of the International Conference on Population and Development (ICPD) and UN Millennium Development Goals (MDG's), the IPPF Strategic Plan emphasizes on five strategic priorities. These 5 areas, which are commonly referred to as 5 A's by Member Associations of IPPF are as follows;

- ADOLESCENTS
- AIDS
- ACCESS
- ADVOCACY
- ABORTION

FPA Sri Lanka, developed a Strategic Plan for the period of 2005 to 2009 based on the IPPF framework of 5 A's.

Each year FPA Sri Lanka prepares an Annual Program and Budget (APB) to implement the strategies articulated in this plan. This report presents the progress made by FPA Sri Lanka in terms of these 5 Strategic areas and the supporting strategy of leadership and governance, in 2007.

# PRESIDENT'S MESSAGE

FPA Sri Lanka completed 54 years of service to the nation in 2007. Sri Lanka as a nation will no doubt be proud to share the tremendous development and growth achieved during these years by the FPA as a service organization.

With the advent of 2007, there were major changes in the management structure of FPA Sri Lanka. A new Executive Director took over the leadership from the earlier Executive Director who had reached the end of his tenure of office.

It is on record that the International Planned Parenthood Federation (IPPF), having recognized the achievements of FPA Sri Lanka in terms of health indicators and in recognition of its standing, elevated FPA Sri Lanka to the category "C" in the IPPF framework. From this point of elevation to the "C" category, over the years, the quantum of the core grant from IPPF to FPA Sri Lanka was tapered down on a diminishing path, eventually, it was in the year 2007, the IPPF core grant ceased and FPA Sri Lanka faced the inevitable challenge of self sustenance. I do admit, the proactive thinking and timely planning of the earlier leaders enabled FPA Sri Lanka to successfully face this fresh challenge.

At this juncture, the time had dawned to venture on a self assessment process to identify where FPA Sri Lanka stood to face the future. Fortunately, it did not take long to understand at depth the changes in the environment and to initiate appropriate measures to ensure sustainable development and stability of the organization to meet the new challenges in the future.

Then, at the initiative of the new Executive Director, in early 2007, an organizational review was conducted by the South Asia Regional office (SARO of IPPF) resource personnel - Mr. Pradeep Patro, assisted by Ms. Gabrielle Cole. I am obliged to make special reference to the co-operation



extended by Ms. Madhu Bala Nath in the capacity of Regional Director of SARO to carry out this exercise. The overall exercise involved, a detailed study of the organization, its "in-depth" culture, perspectives of all stakeholders, analytical review on specific programmes conducted and a review of performance in relation to key financial factors.

The input of the members at governance level too was part of the exercise.

The report of this exercise was open for debate and discussion and the outcome has been documented as the "Road Map" for the future guidance of the organization.

I am indeed pleased to note some of the significant achievements from this exercise.

- It has been experienced that in general, the working culture within the organization has greatly improved.
- Some of the decision making powers have been decentralized.
- Wherever possible, promotion of greater flexibility within the organization.
- Provision of opportunity for a dynamic work place accomplished with entrepreneurial and creative skills.



# PRESIDENT'S MESSAGE

- Emphasis on staff training to further their skills to handle additional responsibilities.
- An effective reward scheme for the staff has already been thought of, will be implemented on a future date.
- A voluntary retirement scheme was introduced ,
- Change in the salary structure has been well accepted.
- Introduction of a recruitment programme to cater to the needs of specialized jobs.
- A scheme to obtain professional services from the volunteers in specialised areas.
- The need for more meaningful transparency within the organization has been encouraged..

Some of other significant achievements include an evaluation process carried out to determine cost of program delivery leading to the expansion of programmes to new areas. Setting up of a resource centre at Amparai has been a positive achievement especially in the context of the current focus of the government to develop the eastern province.

In line with the key objectives of the FPA Sri Lanka – to develop and sustain clinics for research and health care, the newly refurbished clinic under the banner “Center for Family Health “ is undoubtedly a welcome booster for FPA Sri Lanka activity.

A series of youth conferences held under the aegis of SARO and workshops held with the assistance of JOICFP (Japanese Organisation for International Cooperation in Family Planning) for our youth associated with FPA Sri Lanka have been a source of training and skill building to our youth members.

The Contraceptive Retail Sales Programme and the Training Center have truly brought much needed revenue to FPA Sri Lanka coffers. However, the quest to increase FPA Sri Lanka cash inflow will continue to be foremost in our minds. In this regard, the unflinching support of the volunteer

members belonging to various technical committees should be lauded.

If we continue to perform and manage our affairs , in the manner done in the months bygone after the IPPF core grant did not come our way, I am confident that we, as the FPA Sri Lanka would continue to maintain our exemplary standing in the eyes of the other member associations of the region.

Finally, as a winding up note, I would like to extend my sincere appreciations, to

- Dr. Gill Greer – Director General of IPPF for the very important support to FPA Sri Lanka.
- Ms. Madhu Bala Nath – Regional Director of SARO and the team at SARO who have continued to be with us whenever FPA Sri Lanka called for their help.
- Senior Volunteers who have never failed in their urge to assist FPA Sri Lanka.
- Officials of the government who had been associated with our activities and willingly promoted our cause.
- Grassroot volunteers – without whom nothing good would have happened.
- Management staff, headed by the Executive Director and the other employees of FPA Sri Lanka – You are the livewire of FPA Sri Lanka and I am indeed proud of you.

Padma Cumararatunge

# EXECUTIVE DIRECTOR'S REVIEW

Taking over the management of an organization, which has a proud history of 53 years, as its 4th Executive Director in 2007 was indeed a challenge. The challenge was not simply confined to me. It was a challenge, encountered by the entire organization. The story of year 2007, that you will read in this Annual Report unravels how we faced it.

Firstly, 2007 happened to be the first year (after 53 years) that FPA Sri Lanka had to be operated without receiving core funds from International Planned Parenthood Federation (IPPF). In financial terms that was not an unexpected situation. Many visionary steps had already been taken to face the challenge. In fact, in 2006, the amount we received as the core grant was only 9.81 % of the total gross income.

However, in terms of the 'mind set' it was entirely a different story. The uncertainty created by this "no funds from IPPF" factor manifested in different ways. The employees started to show their uneasiness in relation to their job security. Hardly any other donor was there to replace what IPPF did in terms of core grants. Local partners were already beginning to feel that 'FPA' was no longer what it used to be in terms of its financial capacity. In other words, although technically, FPA Sri Lanka was financially sustainable, it was not clear as to how this sustainability could be maintained.

Secondly, there was much confusion with regard to the role of the organization. In case of 'family planning'; FPA was the classic case of a "mission accomplished". But getting adjusted itself in to the new role of addressing multiple aspects of reproductive health, with a special focus on young people was not that easy. "Were we to continue with the 'tried & tested' approaches & tools to address the new issues?" "Were we to devise new initiatives?" "Were we to focus on service delivery or get our selves positioned as an 'advocacy based organization?" Various concerns like these resulted in a confused situation that affected across the organization.

This situation demanded us to respond to it as a matter of priority.



We did what anyone under such circumstances would do. We asked for help. We sought help in a different form. Fortunately we received very positive responses from the most critical parties.

From the South Asia Regional Office of IPPF (SARO) we requested technical support to critically review our position. Help arrived soon, in the form of an "Organizational Review" done by Mr. Pradeep Patro assisted by Ms. Gabrielle Cole, under the guidance of Ms. Madu Bala Nath, the Regional Director of SARO /IPPF. The financial (in the form of restricted funds) and technical support we received from our regional office for the innovative programmes we implemented under the Center of Excellence activities, boosted our morale.

The second response came from our senior volunteers. They responded to our call with unconditional support. They were very close to the management yet kept their distance in order to avoid interference. They demonstrated that they had their fullest confidence in the management.

Third and the most significant response came from the staff. The way they did it was magnificent. The Contraceptive Retail Sales Team started to shatter all their previous records in terms of achieving targets. The clinic staff went beyond their ways under difficult circumstances to get more clients.



# EXECUTIVE DIRECTOR'S REVIEW

The field staff started to find funding from hitherto untapped sources at district & provincial levels to complete the assigned tasks. The support staff came up with different ideas to save costs. Finance reports became bulky with data on various aspects of our operations.

It would be an exaggeration to report that all issues at FPA Sri Lanka have been perfectly resolved during the year. But, with a great sense of satisfaction, it can be recorded that towards the end of 2007, the organization became more focused ; had more clarity and was brimming with confidence.

In the midst of all these change management processes, we have accomplished significant achievements in our programs. The concept of setting up a Centre of Excellence on Adolescents got well rooted in the organization's frame-work. The outreach project that was implemented in the town of Samanthurai, , gave us the impetus to start a Resource Centre in Ampara in the Eastern Province. This was a complete shift in terms of our mode of operation. We used to work in remote areas without actually being located there. However, the establishment of Resource Centres in hard to reach locations, would help us to 'reach the unreached' in a more realistic manner. We plan to set up two more such centers in the Eastern Province in 2008.

**'Prajashanthi Project'** which was started sometime back as the final stage of taking family planning to traditional village settings was concluded in 2007. However, we will continue to engage volunteers in our outreach work in the future.

The activities of the clinic took a new turn in terms of opening hours & the range of services it offered. Contraceptive Retail Sales project posted a remarkable achievement in recording an income which was 14% over the target. Plans have already been made to improve the product portfolio to offer a better choice to our customers.

Chinthana Training Centre generated a substantial income through outside programs. This helped us to identify the centre as the next venture to be

developed in our efforts to diversify our income generating avenues.

**8th International Congress on AIDS in Asia & the Pacific ( 8th ICAAP)** gave us an excellent opportunity to be associated with the organizing work of a great event. Our contributions in the form of mobilizing 300 volunteers was commended by the organizers as well as national and international participants.

FPA Sri Lanka will endeavour to position itself as the pioneering, the strongest (in terms of finance, expertise and resources) and the most respected sexual and reproductive health NGO in Sri Lanka. Accountability, greater involvement of stake holders in decision making and cost effectiveness in programme delivery, will become the key areas of focus, in that pursuit.

On a personal note, let me pay my tribute to two of the former Executive Directors, Dr. Daya Abeywickrema and Mr. A. M. A. Abeysinghe for the excellent guidance they provided to me.

In conclusion, I must place on record my gratitude to the members of the Senior Volunteers for their valuable guidance. None of these achievements recorded here would have been possible without the great commitment that all our staff members demonstrated during the year. IPPF & more specifically all at SARO deserve our gratitude for all what they did to help us. Governmental, national and international agencies supported us in numerous ways. We acknowledge their contribution with gratitude.

Our legacy always has been to engage in real path breaking activities. In 2007, we have started to clear the path to embark on a new journey. Our journeys always have been tough. Nevertheless, we are ready to take on the challenge. Be it 1953 or 2007, the factor that motivates us has remained the same. We are committed to improve the quality of life of our people.

Gamini Wanasekara

# VIEWS & OPINIONS



**Sunil Kannangara**  
District Secretary  
Ampara

“It was confirmed at the District Action Committee headed by me that the projects implemented by FPA Sri Lanka in order provide education & services on Sexual & Reproductive Health in selected ‘hard to reach’ divisional secretariat areas in Ampara district were conducted in a productive & meaningful manner ; Apart from location specific initiatives, the service centre opened in Ampara with the objective of providing reliable services for the general public has offered useful services in collaboration with the government and other agencies.

I wish all the best for better achievements in year 2008 !

“Awareness creation programmes started on SRH for the Girl Guides have been very successful. It is a very good match and fruitful partnership that FPA Sri Lanka and Sri Lanka Girl Guides Association (SLGGA) has.

The criteria developed for proficiency badge on Adolescent Health was a giant step that FPA Sri Lanka initiated and supported. The poster exhibition conducted was a very interesting segment of the badge.

We are very proud that 55 senior members qualified for the badge. The award ceremony organised by FPA Sri Lanka was a memorable event too.

We are thankful to FPA Sri Lanka for the opportunity provided to our 4 senior guides to participate in the 4th Asian Conference on Reproductive Health and Sexual Health & Rights organised by IPPF-SARO in Hyderabad, India.”



**Thilini Athukorala**  
Chief Commissioner  
Sri Lanka Girl Guides  
Association



**N M Gemunu Navaratne**  
H J S Condiments  
Biyagama  
A Participant at an awareness programme

“We received a great opportunity to learn more about HIV/ AIDS and other aspects of SRH through the project implemented by FPA Sri Lanka. We acquired a very good knowledge about the subject. I personally believe that we have to provide knowledge on SRH to our staff members who are enthusiastic to learn more and improve their knowledge. The confidentiality maintained at the “Alokaya” counselling centre is the key aspect that we value very much. The credibility that the centre has earned,” is mainly due to the proper guidance that they have given.

# VIEWS & OPINIONS



**R. M. B. Ellegala**  
Director General  
Plantation Human  
Development Trust  
(PHDT)

“FPA Sri Lanka and the PHDT were able to jointly carry out a very useful project on Sexual and Reproductive Health Services in underserved and vulnerable areas covering all 07 plantation regions, with 14 estates being taken up under the project.

Activities like advocacy programme for estate management, health camps and youth camps were held. I am especially happy that the FPA Sri Lanka supported the establishment of an Advocacy Centre on Houpe Estate, Ratnapura and will continue to support the Medical Officer who will be in-charge of the advocacy centre. The PHDT will be happy to continue joint programmes of this nature in the future also.”

“Persons living with HIV (PLWHA) in Sri Lanka have been neglected heavily and are helpless. They don't expect or request money from society. We expect love and kindness to our lives. Most of the people do not understand the needs and wants of the PLWHA. There should be a constant dialogue in society . . .

We highly appreciate the kind assistance provided by the youth committee of FPA Sri Lanka.”

(An excerpt from the speech made at the launch of a fund for the benefit of PLWHA by the Youth Committee of FPA Sri Lanka.)



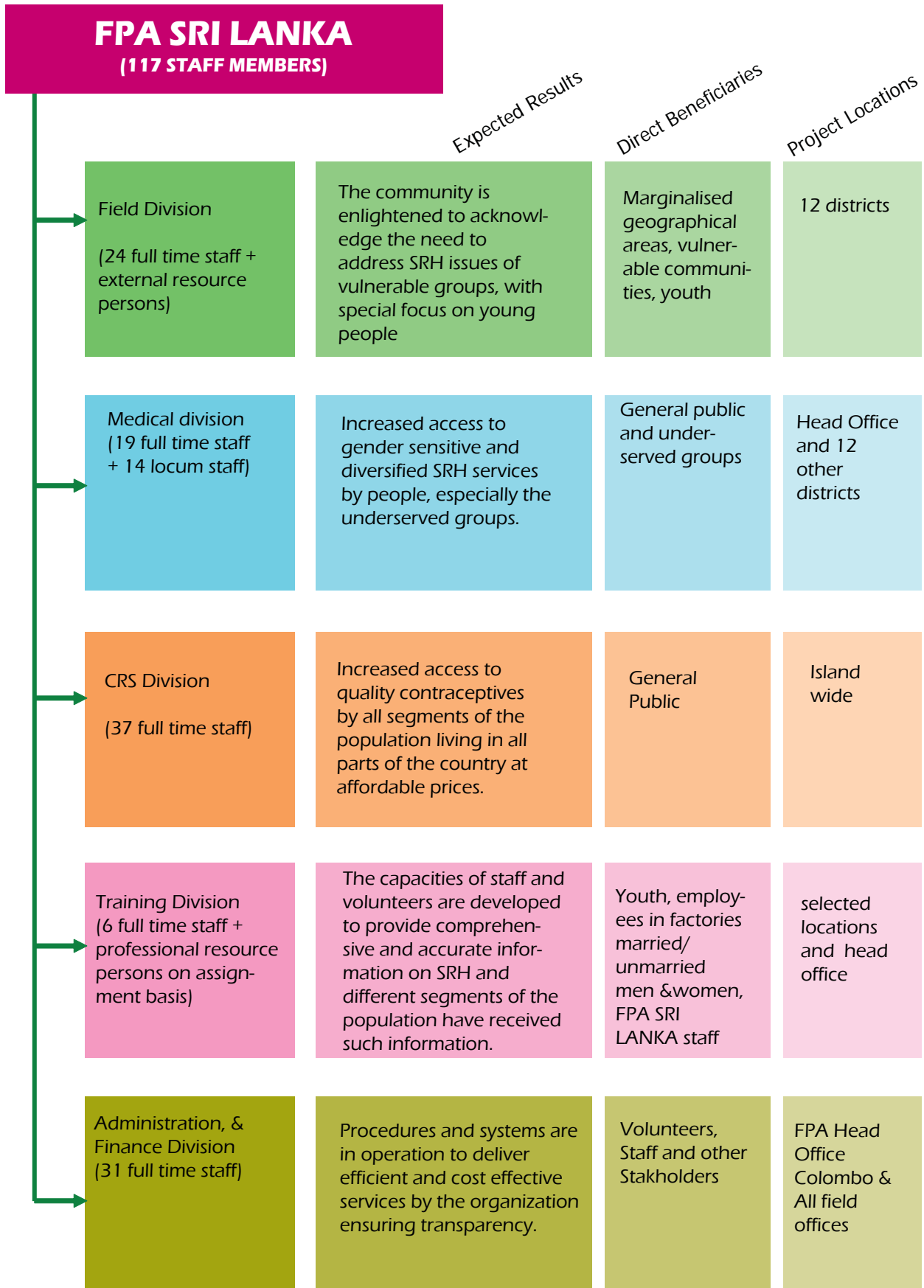
**Princy Mangalika**  
Chairperson, Lanka Plus



**R. Abeysekera**  
Chairperson – Women's Unit  
Sri Lanka Visually Handicapped  
Association

“The opportunity provided to obtain free medical services for those in our association was invaluable. The programme conducted to emphasise the importance of “International Day of Families” and the related topic of “persons with different needs” was a very appealing concept to make the community aware that they were also a part of the society. We gathered new information and knowledge. The lectures on SRH and HIV/AIDS were very useful. We were able to get appropriate answers to our queries on health matters in a very friendly atmosphere. On behalf of the Sri Lanka Visually Handicapped Association, we highly appreciate the services rendered by FPA Sri Lanka.”

# KEY SERVICE PROCESSES





# ADOLESCENTS

# 1





# ADOLESCENTS

**Goal:** Young people are aware of their sexual and reproductive health and rights, and empowered to make informed choices concerning their sexual and reproductive behaviour and health.

## Main objectives

- To advocate for increased commitment and support for improved SRHR of young people, especially the vulnerable and marginalised.
- To increase access to a broad range of youth friendly gender sensitive services for young people.

## Centre of Excellence (CoE)

**FPA Sri Lanka is going through a process to set up a Centre of Excellence on Adolescents as guided by the South Asia Region of the IPPF (SARO/IPPF).**

The concept of a Centre of Excellence envisages a virtual, seamless, recognised and self-sustainable facility initiated by FPA Sri Lanka for collation, research, analysis, archiving, dissemination of information and knowledge and project pioneering related to adolescent SRHR in order to enable stakeholders, gatekeepers and supporters develop, fund and/or implement projects and interventions more efficiently and effectively.

In relation to the CoE, FPA Sri Lanka focuses mainly on following activities.

### ▶ Information

- ▶ Strategic partnership
- ▶ Sphere of influence
- ▶ Policy
- ▶ Capacity Building

In order to achieve the objectives of setting up the Centre of Excellence on Adolescents, FPA Sri Lanka has carried out the following programmes.

- Programmes for Plantation Sector
- Programmes for Girl Guides
- Youth Activities

## Programmes for the Plantation Sector

The prime objective of this programme was to transfer the knowledge on SRH in an appropriate manner to the plantation sector community. The programme focused on identifying the issues related to SRH and provide proper guidance and solutions to their problems, especially for the youth in the plantation community. Counselling services and guidance with regard to ways and means to mitigate risks were offered. This will be culminated in a plan to set up a youth centre within the plantation sector to offer youth friendly services

including counselling.

In order to achieve this objective FPA Sri Lanka established a strategic partnership with the **Plantation Human Development Trust (PHDT)**. PHDT is the tripartite organization, that represents the government, plantation management companies and trade unions.

The programmes were carried out in four estates in seven districts, namely, Badulla, Galle, Hatton, Kandy, Kegalle, Nuwara Eliya and Ratnapura.

## Summary of Progress :

Activities	Number Of Activities
Orientation Programmes for the PHDT staff, Plantation management, Community	
• Project launching Meeting	01
• Meetings at project sites	14
Youth Camps	28
Health Camps	14
Action based research (studies)	02
• SRH issues of the women in plantation sector.	
• SRH concerns of youth in the plantation sector. (Conducted By <b>Prof. Lakshman Dissanayake</b> )	
Director – Colombo University Community Extension Centre	

### Programmes for Girl Guides

FPA Sri Lanka commenced a programme to integrate the concept of SRH to the regular leadership development programmes of Girl Guides conducted by Sri Lanka Girl Guides Association (SLGGA).

A Memorandum of Understanding (MoU) was signed with the Sri Lanka Girl Guides Association for this purpose.

Twenty three Girl Guide 'companies' comprising Senior Girl Guides covering 8 districts, namely, Anuradhapura, Colombo, Galle, Kandy, Kegalle, Kurunegala, Matale and Rathnapura were selected for the project.

A new badge was introduced to the Girl Guides system that would be awarded for Guides who excelled in promoting reproductive health among their peers under this project.

The criteria for awarding the badge was jointly developed by FPA Sri Lanka and Sri Lanka Girl Guides Association. The Girl Guides were expected to conduct awareness programmes and refer peers for counselling, in order to receive the badge.

315 Girl Guides registered for the process and out of that 55 successfully completed the activities. They were awarded badges at a ceremony held on 22nd December 2007 at FPA Sri Lanka. To facilitate this process 19 Senior Guides were trained as Trainers during the year.

### Youth Activities

Awareness creation workshops and other related activities for youth were carried out in line with the "Adolescence" theme of the strategic framework of FPA Sri Lanka.

- ▶ A selected team of youth members completed an internship period with People Living with HIV/ AIDS (PLWA) community (Lanka Plus) and used the self inquiry tool developed by South Asia Regional Office (SARO/IPPF) to document their experience.
- ▶ Successfully completed the 2nd International Youth Summit in Colombo with the assistance of SARO/ IPPF with the participation of youth members from all the IPPF Member Associations in South Asia.
- ▶ 15 youth committee members of FPA Sri Lanka participated at the 8th International Congress on AIDS in Asia and Pacific (ICAAP) held in Colombo as volunteers.
- ▶ An event was organized to celebrate the International Youth Day.
- ▶ Launched a Till campaign to support people living with HIV.
- ▶ Represented the UN High Level Assembly on Children held in New York.
- ▶ An awareness programme was conducted for 300 female students at Colombo University.
- ▶ Awareness Programme at the University of Kelaniya.

# ADOLESCENTS

## CoE Accomplishments for 2007

Focus area	Activities completed
<b>Information</b>	
	<ul style="list-style-type: none"> <li>Survey Report on Reproductive Health related Risks &amp; Vulnerabilities of Adolescents with the assistance of TNS Lanka (Pvt) Ltd.</li> </ul>
<b>Strategic Partnership</b>	
Plantation Human Development Trust (PHDT)	<ul style="list-style-type: none"> <li>Completed 28 youth camps in seven regions in the plantation sector</li> <li>Completed 14 health camps</li> <li>Two action research studies were completed to identify the SRH concerns among the young women and youth in the plantation sector</li> </ul>
<b>Sphere of Influence</b>	
Sri Lanka Girl Guides Association (SLGGA)	<ul style="list-style-type: none"> <li>Conducted an advocacy programme for guides of Sri Lanka Girl Guides Association.</li> <li>Conducted 3 awareness programmes for senior guides.</li> <li>Completed 8 educational programmes for district level guides</li> <li>Selected 3 winners out of 315 applicants from all island poster competition.</li> <li>Completed the KAPB survey on SRH issues of the girl guides by Dr H Yakandawala.</li> <li>Completed the study on attitudes of youth who were affected by HIV/AIDS. The study was conducted by Dr H Yakandawala with assistance from Girl Guides in Colombo district.</li> <li>Awarded certificates and badges after completing the specific tasks related to SRH education during the year 2007</li> <li>4 senior guides were awarded scholarships to participate at the 4th Asia Pacific Conference on Reproductive &amp; Sexual Health and Rights held in Hyderabad, India</li> </ul>
<b>Policy</b>	
Youth Policy	<ul style="list-style-type: none"> <li>Conducted a series of workshops (40) on the need for SRH services for young people.</li> <li>Carried out counselling sessions in project locations</li> <li>A SRH Policy for Adolescents that would be used as the frame work for CoE was developed.</li> <li>A roundtable conference was organised for Government officials, media, NGOs, religious groups, political leaders, field staff of FPA Sri Lanka and general public to review the National Youth Policy (Draft) prepared by the Ministry of Youth Affairs.</li> <li>Work Place Policy on Sexual Harassment for FPA Sri Lanka was developed.</li> <li>Workplace Policy on HIV/ AIDS for FPA Sri Lanka was developed</li> <li>Supported the Ministry of Health to design the SRH Policy on Adolescents and youth of Sri Lanka.</li> </ul>
<b>Capacity Building</b>	
Capacity Building of the Staff and Volunteers	<ul style="list-style-type: none"> <li>Conducted two workshops on Monitoring &amp; Evaluation (M&amp;E) and Log Frame Approach for District Program Managers and the staff members of FPA Sri Lanka</li> <li>Conducted two workshops on Gender, Sexuality and rights for senior volunteers, volunteer communicators of Prajashanthi project and FPA Sri Lanka staff</li> <li>Conducted workshops to increase the awareness on SRH for the personnel of Plantation Human Development Trust (PHDT) and Sri Lanka Girl Guides Association (SLGGA).</li> </ul>

# HIV & AIDS

# 2





# HIV & AIDS

**Goal: Reduce the incidence of HIV/AIDS among young women and men and decrease the degree of vulnerability while ensuring full protection of the rights of the people infected and affected by HIV/AIDS**

### Main objectives

- To reduce the spread of HIV/AIDS, especially among young people in two selected underserved districts.
- To increase access to interventions that prevents and/ or mitigates the incidence of HIV/AIDS Sexually Transmitted Diseases (STD) through integrated gender sensitive SRH programmes.

### Accomplishments for 2007

FPA Sri Lanka was subcontracted by the National HIV/ AIDS Prevention Project (NHAPP) of the Ministry of Health and Nutrition to implement a project to prevent the spread of HIV among internal migrants within the industrial promotions zones of

Koggala and Biyagama, in March, 2007.

The funding source for this project was the International Development Agency (IDA) of the World Bank. The project duration is one year. All the deliverables scheduled for 2007 have been successfully completed.

### Summary of Progress :

Deliverable Number	Name of Deliverable	Output Achieved	Percentage of Achievements
01	Report Containing the Strategic Plan and Implementation Plan	<ul style="list-style-type: none"> <li>* Conducted workshops and prepared a strategic plan,</li> <li>* Done a Survey and Mapping of the area, and identified other services centers</li> <li>* Prepared one year Implementation plan and presented to the Steering Committee</li> <li>* Selected factories for the project.</li> </ul>	100%
02	Setting up of Resource Centers (RCs)	<ul style="list-style-type: none"> <li>* Recruited project staff and trained them.</li> <li>* Rent out premises for resource centers, purchased office furniture,</li> <li>* Established RCs and provided other facilities. (Telephone , name board) etc</li> </ul>	90%
03	Provision of Services through Resource Center	<ul style="list-style-type: none"> <li>* 7 progress review meetings, 10 in house awareness programmes, completed.</li> <li>* Held joint meeting with local Health Staff and discussed revised TOR and, monitoring plan, and remaining activity plan.</li> <li>* 160 individual counseling sessions and group counseling sessions. Completed.</li> </ul>	50% (In progress)
04	Initial Training for Peer Communicators	<ul style="list-style-type: none"> <li>* Prepared a curriculum for training.</li> <li>* Selected Peer Coordinators, Peer Educators and Peer Communicators with the support of factory managements</li> <li>* Held three day training programme,</li> <li>* Prepared Peer Hand Book.</li> </ul>	100%



# ACCESS

# 3



# ACCESS

**Goal:** All people, particularly the poor, marginalized and underserved are able to exercise their rights, and have to access to SRH information, Sex education and high quality services including family planning.

### Main objective

To reduce barriers and inequality to improve access to gender sensitive SRH services especially by people in underserved areas

### Centre for SRH Education, Counselling and Services

The Centre for SRH Education, Counselling and Services, commonly known as **'The Clinic'** was operated at its head office in Colombo as part of fulfilling the **ACCESS** objective.

### Main services provided by the Clinic

- Contraceptive information, counselling and services
- Well woman/Men clinics
- Sub fertility services
- Lab
- Scanning services

The refurbishment commenced in the previous year was completed to give a new look to the clinic. The clinic was renamed as the **Centre for Family Health**. It was officially opened on **15th May, 2007**, to coincide with the commemoration of the International Day of Families. The new centre has expanded its service portfolio and introduced a comprehensive package for the entire family. A pharmacy was opened for the convenience of the clients. The service offered by the lab was also improved with the procurement of new lab equipment. Opening hours were extended from 7am to 7pm and the Centre was kept open 7 days a week. Facilities were also introduced to channel specialist doctors by the clients. A new ultra sound scanner was purchased to improve the quality of services.

Apart from the direct service provision, the Centre also responded to many inquiries that it had received via letters, emails and telephone calls.

### Mobile Clinics

The Centre conducted Mobile Clinics to reach the underserved segments of the population. These clinics were coordinated by the Field Division.

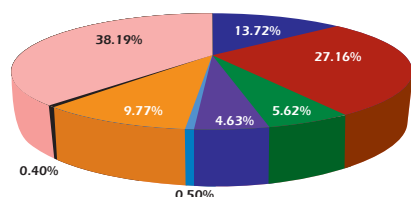
Location	Number
Samanthurai	02
Ampara	01
MOH Office, Matara	01
Girl Guides Head Quarters	01
Sanath Jayasooriya Grounds, Biyagama	01
Koggala	01
Batticaloa	01

### Information

Another key contribution of the Centre was to conduct awareness programmes on SRH at various locations. In 2007 it conducted following programmes:

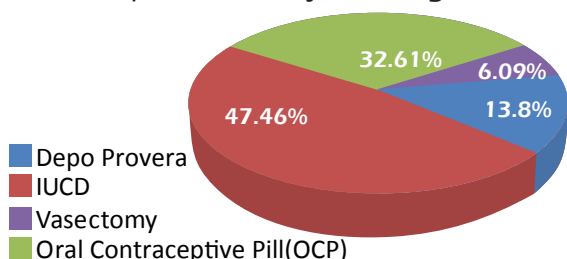
Location	Number
Ampara	04
Samanthurai	04
Science Faculty	02
Arts Faculty	01
Medical Faculty	01
Nursing	02
FPA	02
MAS Holdings	04

## Analysis of Services Provided in 2007



- Family Planning
- General Practice
- Sub Fertility
- Sexual Problems
- Emergency Contraceptive Pill
- Well Woman
- Men's Health Clinic
- Lab Services

## New Acceptors of Family Planning Methods



- Depo Provera
- IUCD
- Vasectomy
- Oral Contraceptive Pill(OCP)

## "Alokaya" Counselling Centre

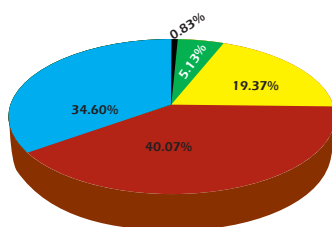
"Alokaya", the main Counselling Centre of the FPA Sri Lanka, provided counselling services in a number of ways.

### ▶ Individual Counselling

A total of 604 clients benefitted from the two professional counsellors who provided individual counselling at the 'Alokaya' head office Counselling Centre at head office.

## Age Analysis

- Less than 12 yrs.
- 12 yrs 19 yrs
- 19 yrs 25 yrs
- 25 yrs 35 yrs
- 35 yrs above



## Nature of Problem Analysis

Problem	No of clients
Psychological	164
Interpersonal	25
Career	13
Addiction	Nil
Educational	37
Family	181
Marital	85
Sexual	97
Physical/ Medical	1
Other	1
<b>Total</b>	<b>604</b>

## Group Counselling

Successfully conducted 16 programmes for 1649 clients.

Location	No. of Programmes
FPA Head Office	08
Chinthana Centre	02
University of Colombo	01
Dep. of Probation & Child Care	
Moratuwa	01
Devi Balika School Colombo	01
Dep. of Posts.	01
Sri Lanka Federation of	
Visually Handicapped	01
Linea Aqua Garments (Factory)	01
<b>Total</b>	<b>16</b>

### ▶ Public Lectures

"Alokaya" conducted 07 public lectures in various parts of the country. These programmes were held at various institutes such as universities, public & private sector organisations, not only in Colombo but also in remote areas such as Ampara, Wariyapola, and Kundasale. These lectures helped to create awareness on the benefit of counselling services.

### ▶ Outreach Counselling programs

Ampara – 04 Biyagama – 01 Koggala – 01

### ▶ Providing resource support to HIV/AIDS project

A new task was assigned to the Alokaya staff in terms of providing guidance to Resource Centres that were established by the HIV/AIDS project for internal migrants. Alokaya contributed to this venture by providing training to the counsellors at these Centres and by being a referral centre for them.

### ▶ Counselling Training Facility

Alokaya, being one of the pioneering counselling centres in the country, many trainee counsellors sought training opportunities there.

## Summary of Services

Activity	No. of clients
Individual Counselling	604
Group Counselling	1649
Public Lectures	545
HIV/AIDS Project	145
<b>TOTAL</b>	<b>2943</b>

# ACCESS

## Contraceptive Retail Sales (CRS) Programme

FPA Sri Lanka has a network of groceries and Pharmacies covering 21 districts to distribute contraceptives.

The objectives of CRS Programme

- To ensure that the general public have access to contraceptives of guaranteed quality at an affordable price from convenient locations.
- To generate a significant income in order to achieve self sufficiency of the organization.

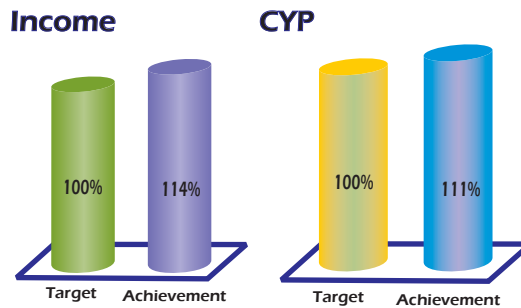
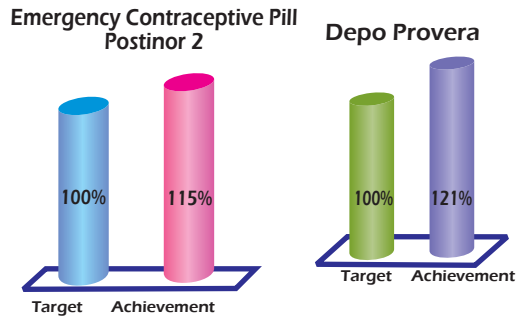
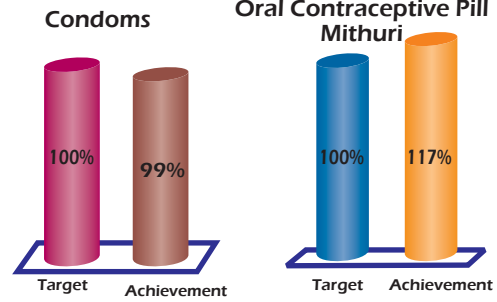
Media campaigns supported by installation of branded dealer name boards were used to Promte the range of products

Dealer meetings were held in Anuradhapura, Avissawella, Galle, Kurunegala and Negombo to educate dealers on SRH and the types and brands of products marketed by FPA Sri Lanka.

Steps were also taken to expand the products/brands portfolio to offer a better choice for the customers.

CRS recorded a remarkble sucess in achieving an in come which was 14% above the target.

## Product Sales Achievements



## Product Range





**Winners of Best Marketing Officer Awards 2007**



**Best Marketing Officer**  
**K.T.C. Daminda**  
 Assistant Regional Sales Manager



**First Runner Up**  
**B. A. Thushara Prasanthaka**  
 Assistant Regional Sales Manager



**Second Runner Up**  
**Lahiru Prasanna Pathirana**  
 Sales Executive

**Brand Promotion Through Dealer Name Boards**



**Chinthana Training Centre**

**Nainamadama - Wennappuwa**



*An ideal place to learn, teach or simply relax while trying to get out of the 'hustle & bustle' of busy towns. Not too far but yet feels so remote & peaceful, an atmosphere that seems so hard to come by in today's context.*

"The Chintana Centre" which is owned & managed by the FPA Sri Lanka has been and still is a service provider and a facilitator for various training programmes in the country & the region.

This facility, situated approximately 40 km from the capital at Nainamadama on the main Colombo-Chilaw highway & set on a luxurious coconut plantation which boasts of a very 'Eco'friendly environment blending with nature and harmony, provides an 'dequate 'stress free' feeling for all & sundry who would visit.



**Auditorium**

Two purpose built air conditioned Auditoriums with multi-media, AV, FM/clip-on mics, OHPs, flip charts, white boards etc; are just a few among the many facilities.



Internet/email & IDD are also available. One could also leave the entire programme preparation to us like type setting, photocopying, documentation etc;

**Accommodation**



The 'Centre' currently provides training facilities and can accommodate 80 persons on sharing basis in self-contained units complete with attached bath & toilet, running water etc; fresh linen, towels, soap and other essentials complete the array.

**Restaurant**



The 'Centre' also provides sumptuous meals off carefully selected menus. Most of the vegetation used are picked from the 'Centre' garden. All meals are buffet and served within a spacious restaurant with a sitting capacity for 100 persons.



*Because of its serenity & tranquility, the 'Centre' is recognized by those who seek to enhance, not only their learning but also their teaching.*



# ACCESS

## New Service Centre

The Service delivery Centre in Ampara was opened in May 2007. It is located at B 584, Dharmapala Mawatha, Ampara.

The difficulties that the community was going through over the past 20 years due to the conflict situation in the area was the main criteria for selecting the location.

The guidance and assistance received from the District Secretary, Mr Sunil Kanangara and the Planning Director, Mr Thilakarathna Wanasinghe were remarkable in setting up this faculty.

The services and programmes offered by the centre:

- Library facilities
- Counselling services
- Indoor sports facilities
- Medical awareness
- Advice on sub fertility
- Awareness programmes for pregnant mothers
- Awareness programmes for security forces personnel
- Awareness programmes for youth from vocational training centre of Youth Services Council

## Training Programmes

Providing training on SRH for various institutions was another strategy implemented by our Training Division to ensure access to information on SRH. These programs were conducted at ADIC, University of Colombo, youth wing of Sri Lanka Federation of the Visually Handicapped & Civil Security Force ( Polonnaruwa / Batticaloa)

A specially designed SRH program was conducted as part of the " GO BEYOND " program of the MAS Holdings, a leading garment manufacturing company, for export purposes.

A total of 18 programs were conducted covering around 1500 participants in 2007.

### SPECIAL "GO BEYOND" PROGRAMME

NAME OF THE FACTORY	LOCATION	NUMBER OF PARTICIPANTS
MAS Contourline	Pallekelle	85
Slimline (Pvt)Ltd	Pannala	80
Leniea Aqua (Pvt)Ltd	Hanwella	98
MAS Slimtex	Kuliyapitiya	57
Unichella (Pvt)Ltd	Koggala	90
Shadeline	Mahiyanganaya	67
Casual Line	Mawathagama	65
MAS Active (Pvt) Ltd	Avissawella	60
Contourline	Pallekelle	97
Body Line	Horana	73

### ADDITIONAL PROGRAMMES CONDUCTED ON SRH FOR MAS GROUP

NAME OF THE FACTORY	LOCATION	NUMBER OF PARTICIPANTS
Unichella	Panadura	107
Unichella	Panadura	56
Unichella	Panadura	60
Unichella	Panadura	55
Unichella	Panadura	60
Unichella	Panadura	109
Slimtex	Kuliyapitiya	97
Slimline	Pannala	70

# ADVOCACY

# 4



## **Goal: Strong public, political and financial commitment and support for sexual and reproductive health and rights (SRHR) at the national and sub-national level.**

### **Main objectives**

- To increase government commitment and accountability for SRHR
- To increase public support for raising the priority of SRHR on the national development agenda. Prajashanthi Project was implemented in order to achieve these objectives

### **Prajashanthi Project**

This flagship project of FPA Sri Lanka played the leading role in disseminating information on SRH including family planning to the community. The Project was implemented by the field division.

The district level decisions making for the project was done by a committee headed by the District Secretary (Government Agent) in the respective district. The other members of this committee comprised senior officials representing relevant government institutions such as the Ministry of Health and Department of Education.

The volunteer communicators for the project were selected from each project area. They were trained on vital aspects of SRH and communication skills.

The project areas were located in Ampara, Anuradhapura, Badulla, Gampaha, Hambantota, Kurunegala, Matara, Matale, Moneragala, Nuwara Eliya, and Puttlam districts.

### **Special achievements in Prajashanthi Project**

Miss Nayani Niranga of Rajawigama, Karuwalagaswewa, a female Prajashanthi volunteer attached to the Puttlam district project was given the opportunity to work in the capacity

of a Family Health Worker (Midwife) at the Divisional Director of Health Services (DDHS) office at Puttlam. She was paid a monthly allowance for her services. She was recommended by Dr. C. Matota, the Deputy Provincial Director of Health Services for this temporary duty in the area by considering her capabilities and knowledge on SRH.

Mr. M.K. Nishantha of Moragolla, Kirulapone, a male volunteer attached to Matara district project was selected by the Divisional Director of Health Services (DDHS) of the area Dr. R.M. Ratnayake to educate the community on family planning methods along with his staff. The government officials in the area have appreciated his communication skills and recognized the skills he had developed through the active involvement in Prajashanthi project.

District Secretary of Nuwara Eliya, Mr. R.M. Ratnayake, and Divisional Director of Health Services Dr. C. Anuradha granted funds and other relevant support services to carry out FPA activities in their administrative divisions. District Program Managers attached to these two districts were able to coordinate and conduct youth camps in Walapane and Soranatota areas utilizing these resources.

### **Bicycles from Japanese Organisation for International Cooperation in Family Planning (JOICFP)**

188 communicators who contributed to the Prajashanthi project implemented in 12 districts received bicycles from (JOICFP). These bicycles were invaluable for them to carry out their activities effectively and efficiently, in reaching hard to reach areas. Lanka Mahila Samithi, a leading organization working for woman was donated 10 bicycles. Janasarana Foundation, a social service organisation dealing with community development initiatives in Matale district was donated a bicycle in appreciation for their contribution to the project.

Prajashanthi programme was a continuation from 2006 and accomplished the following activities during the year.

Activity	No of programmes	No of Participants	Comments
Advocacy programmes	12	356	For government officers, NGOs CBOs,
Volunteer leader training	03	88	TOT training for one volunteer leader from each project area
Volunteer leaders' meetings	07	286	One leader from each project area
Public Health Midwife Meetings	03	104	Capacity building on SRHR for Government Officials in project areas
District level seminars	01	42	Conducted in Ampara for senior government officers
District level action committee meetings	15	127	To review the progress & guide the officers
District level review programmes	01	45	Conducted in Ampara before establishing the service centre
Health camps	12	497	For marginalized areas with the assistance from local health authorities
Small group discussions	460		Community education programmes on SRH
Distribution of Bicycles		173	JOICFP donated bicycles to be distributed among volunteers
Volunteer bi - monthly meetings	149	3600	To review the progress before the monthly meeting
Youth camps	52	2080	The main education method for youth on SRH
Special programmes	01	450	Mainly on request and to commemorate International Days
Volunteer convention	01	330	This was the final program of Prajashanthi programme to appreciate the services of officers and the volunteers in the year and to award certificates and gifts for them.



# SURVEYS AND STUDY REPORTS

## Social Audit

A Social Audit is a process through which an organisation is able to understand the social impact of its activities.

FPA Sri Lanka completed one social audit in the village of Urubokka in Matara district as a pilot programme with 35 families.

The participants showed their interest to the audit since it had given them the opportunity to understand the thinking patterns of both service provider and customer on a single occasion with a lower cost.

## Study on Deprivation Ranking

There are many approaches to identify the ideal target groups for development interventions. Deprivation Ranking tool, that has been developed by IPPF/ SARO to identify the vulnerability of SRHR perspective and access to services by poor, marginalised and underserved groups in the society could be described as an innovative approach. SARO requested FPA Sri Lanka to field test this tool and to submit a report as they were planning to develop a common Deprivation Ranking tool for the South Asia Region based on the results of pilot tests.

The focus area for the study was Habbegamuwa division in Moneragala district where 126 families were interviewed for data collection. The study was carried out by 16 officers inclusive of seven from FPA Sri Lanka and the representatives from the health and administration units of the government.

## Study on Male Participation

Very often the programmes on SRH are targeted at women in society. The dominant women participation for such programmes is also a common factor. Thus, by giving priority for male participation in SRH programmes, FPA Sri Lanka envisages to ensure effectiveness of the outcomes of the overall SRH programme.

In this regard, a study on male participation was conducted by FPA Sri Lanka.

### Objectives of the Study

- i. To educate men on SRHR of women to increase their commitments in society and to improve male participation in women empowerment activities in the project areas

- ii. To reduce the incidence of HIV/AIDS, sexual abuse, and Gender Based Violence (GBV) and decrease the degree of vulnerability among women by educating the male community in
- iii. To reduce barriers and improve access to SRH related information, services and influence to increase the wellbeing of men in the project areas
- iv. To develop capacity of the staff and volunteers of FPA Sri Lanka, and enable them to increase their productivity and render their services effectively

### Two project areas were identified for this study ;

District	Divisional Secretariat Division	Family Health Division
Matara	Pasgoda	Kirilapone
Gampaha	Wattala	Dickowita

The study period was 06 months.

## Study on Sexual Negotiation within Marital Relationships

This concept is an extension of sexual rights of women and the main objective is to eliminate sexual violence and domestic violence for women in society. A study was conducted under the guidance of SARO on this theme.

### Objectives of the Study

- i. To promote awareness about sexual negotiation and highlight that it is important for every couple to minimise sexual violence and domestic violence
- ii. To educate that most women are at greater risk on STD/HIV /AIDS and mitigate the spread
- iii. To encourage discussions on safer sex and increase usage of condoms by Males

### Project areas selected for this study ;

District	Divisional Secretariat Division	Family Health Division
Matara	Pasgoda	Bengamuwa
Gampaha	Wattala	Ambalamulla

# PREVENTING UNSAFE ABORTION

# 5



## **Goal: The right of access to safe legal abortion and a reduced incidence of unsafe abortion.**

### **Main objectives**

- To raise awareness among the community and policy makers to the health and social impact of unsafe abortions.
- To advocate safe abortion services under specific circumstances.

To achieve the goal FPA Sri Lanka initiated a situational analysis was carried out on the prevalence of unsafe abortions in Sri Lanka based on an understanding reached between IPPF and International Federation of Gynaecologists and Obstetricians (FIGO) at global level. For this purpose FPA Sri Lanka partnered with the Sri Lanka College of Obstetricians and Gynaecologists (SLCOG), the official body that represents FIGO in Sri Lanka.

A comprehensive literature survey was followed by extensive discussions with a wide range of stakeholders representing the government,

international agencies, professionals, academics and civil society in order to complete this analysis. World Health Organization (WHO) provided financial assistance for initial steps.

Dr. Lakshman Senanayake, past president of the Sri Lanka College of Obstetricians and Gynaecologists played a key role in implementing this process. The support extended by SLCOG and other agencies is acknowledged with gratitude. The final report will be released at a national level meeting, due to be held in mid 2008.

### **Other Initiatives**

1. Awareness programmes specially for vulnerable groups on issues relating to abortions and use of family planning methods effectively.
2. Promotion of Emergency Contraceptive Pill as a precaution against unexpected pregnancies.
3. Efforts were taken to improve the choice available in family planning method mix, in order to cater to segments who were not convinced of using the methods available or prepared to use traditional methods.
4. Support was extended to initiate a discourse on this very sensitive and controversial issue.



# LEADERSHIP & GOVERNANCE

# 6





# LEADERSHIP & GOVERNANCE

**Goal: FPA Sri Lanka continues to maintain and provide leadership to the sexual and reproductive health in the NGO sector in Sri Lanka.**

## Main objectives

Develop the capacity of the volunteers to be effective in rendering their services in;

- Policy formulation
- Advocacy for resource mobilisation and
- Monitoring and evaluation

**Leadership and Governance is the sixth element that facilitates the proper implementation of 5 A's strategic framework of FPA Sri Lanka.**

The main bodies responsible for governance are,

- The National Council (NC)
- Executive Committee (EXCO)
- Technical Advisory Committees (TAC).

There are 5 TACs appointed by the National Council ;

- ▶ Medical Technical Advisory Committee
- ▶ Youth Technical Advisory Committee
- ▶ Contraceptive Retail Sales Technical Advisory Committee
- ▶ Information, Education & Communication Technical Advisory Committee
- ▶ Finance and Administration Technical Advisory Committee

Members of FPA Sri Lanka elect the Executive Committee and National Council, at the Annual General Meeting for a term of two years.

National Council is responsible for overall leadership of the organisation with special emphasis on providing policy direction.

Executive Committee deals with policy and

operational issues, and it is responsible for effective functioning of the organisation.

All these committees conducted regular meetings during the year under review.

During these meetings the members of these committees guided the management to formulate policies and programs and monitored the progress.

Governance Body	No. of Meetings
National Council	04
EXCO	06
Medical TAC	03
Youth TAC	03
IEC TAC	05
CRS TAC	04
FAC TAC	07

Development and approval of work place policies on HIV/AIDS and sexual harassment, development of Terms and References for Technical Advisory Committees and guidance provided to develop the skills and attitudes of the staff were some of the key contributions of Governance Committees.

Greater and active involvement of members of Governing Committees in the affairs of the Association was a significant feature.

The appointment of an Audit Committee comprising eminent professionals, as suggested by SARO/IPPF was a major achievement in terms of governance.

# LEADERSHIP & GOVERNANCE

The first Audit Committee comprised of the following Members ;

1. Mr. J. M. U. B. Jayasekera  
BSc (Mgt), FMAAT, ACA, APFA  
(Chairman)
2. Mr. Ajith Colonne  
BSc, MBA, MA (Econ)  
Economist  
(Member)
3. Mr. P. A. S. Athula Kumara  
Deputy Director  
Department of Public Enterprise Secretariat,  
Ministry of Finance & Planning  
(Member)
4. Mr. Chamara Bandara  
ACA, ASCMA  
C E O - SCB Corporate  
Representative - Institute of Chartered  
Accountants of Sri Lanka (ICASL)  
(Member)

## Management

Notable events that took place in the year 2007 are summarised below.

- An Organisational Development (OD) review was carried out with the assistance of SARO. The various functions of the organisation were critically analysed and reviewed.
- Grade and salary structures were reviewed. Substantial salary increments were introduced.
- A Voluntary Retirement Scheme (VRS) for the employees who reached 58 years of age was implemented. A total of 10 employees opted to enjoy the benefits of this scheme.

## Financial

- Comprehensive financial reports were prepared for the benefit of the management and governance.
- Best possible returns on investing the reserve funds in secured financial instruments were recorded.

- Financial management systems and internal controls were used for better financial discipline within the organization.

## Human Resource Development

Human Resource Development was considered as a key priority during the year under review. A major initiative in that regard was to expose the staff members to a wider range of training opportunities.

The following areas were covered during 2007:

- Stores Management at Institute of Supply & Materials Management
- Shop & Office Act and Labour Laws - Labour Department
- Technical Training on Motor Vehicles & Road Disciplines – MCC(pvt) Ltd
- Managing Credit & Financial Aspect of Selling Hayleys Business School
- How to manage Debt Collecting – Hayleys Business School
- Legal Aspects of Credit Transactions – Association of Corporate Lawyers Sri Lanka
- Employment Law for NGOs in Sri Lanka – The Employers' Federation of Ceylon
- Essential Grammar for writing business letters, memos and Emails – Hayleys Business School
- Communicating Research & influencing change
- Reaching for Excellence in Non-profit Organizations
- Diploma in English for professionals
- Monitoring & Evaluation

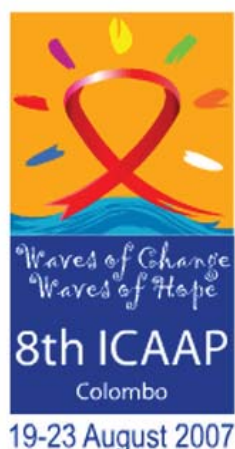
**The following staff members were recruited during the year.**

- Director, Training & HRD
- Two Sales Officers
- An Accounts Assistant
- A Programme Assistant
- A Pharmacist
- An ICT officer

# SPECIAL EVENTS

## 8th International Congress on AIDS in Asia and the Pacific (8th ICAAP)

FPA SRI LANKA was fortunate to be involved in organising the 8th ICAAP, the largest ever international conference on HIV/AIDS which was held from 19 to 23 August, 2007 at the Banadaranaikie Memorial International Conference Hall, in Sri Lanka.



FPA Sri Lanka successfully completed the task of recruiting, training and mobilizing 300 volunteers for this event. The services rendered by the volunteers were appreciated by the organizers as well as the participants.

The volunteer subcommittee, appointed by the organizing committee headed by its co-chairpersons Deshamanya Professor A.H Sherifdeen, Deshamanya Mr. Bradman Weerakoon and Dr. Mrs. Sujata Samarakoon was responsible for the volunteer mobilization.

### **The volunteer subcommittee ;**

Mr. A. M. A. Abeysinghe – Co Chair  
Mr. Gamini Wanasekera – Co Chair  
Ms. Lakshmi Ranasinghe  
Ms. Priyanthi Rajapakse  
Ms. Vishaka Tillekarathne  
Mr. Lasantha Gunarathne  
Dr. Shreen Willatgamuwa  
Mr. Milinda Rajapaksha  
Mr. Suhail Junaid  
Ms. Punya Hewawithanage  
Ms. Jayani Gunasekara  
Ms. Dharshini Guniyangoda  
Ms. Nadika Fernandopulle – Coordinator  
Ms. Natasha Santiago – Assistant Coordinator

### **Training on Developing ICT tools for Advocacy**

In an era where ICT has revolutionized the communication scene, it is imperative that the health sector also make use of the available technology in advancing the ASRH agenda, Furthermore, this modern technology is close and

familiar to young people, and therefore should be put to use in strengthening their activities. Young people have the ability and power to advocate their own needs, but are often denied the opportunity or are regarded as the lesser in the society. They can play significant roles in solving issues concerned with them if they are given proper chances and skills.

With this objective, the Japanese Organisation for International Cooperation in Family Planning (JOICFP) designed a project, to strengthen the capacity of youth leaders in making their voices heard for ASRH advocacy, with the development and utilization of multi format & multipurpose visual media contents.

Considering the leading roles in tackling ASRH issues over the years, Family Planning Association of Nepal (FPAN) and Family Planning Association of Sri Lanka (FPASL) were identified as local implementing partners. Collaborative advocacy actions between the Member Association of IPPF and Youth Development and Peace (YDP) Network in each concerned country were also expected to make bigger voices by young people using the channels of each network for betterment of adolescent sexual and reproductive health in South Asia.

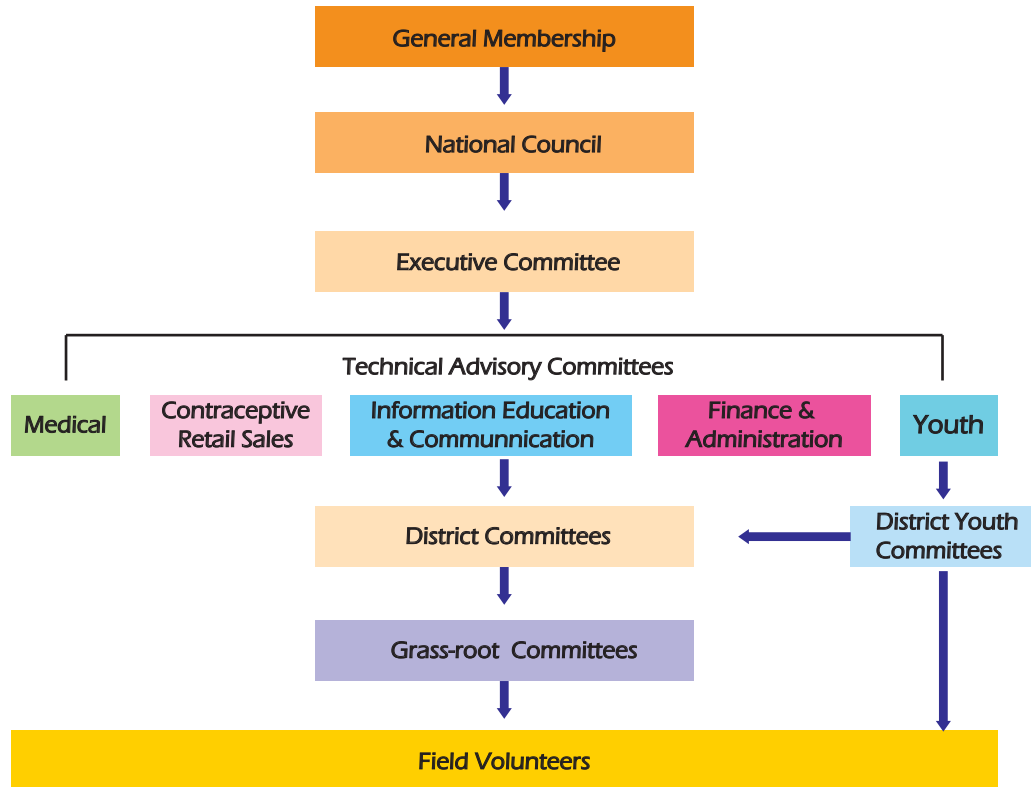
The first activity under this project was to conduct a Skill Building Training in “Visual Media - Script Writing” which was held in Kathmandu, Nepal from 15th to 18th May 2007. Ms. Paba Deshapriya and Ms. Dinushi Chandraratne, two youth committee members, led by Ms. G. C. Dharmadasa (Chairperson IEC Technical Advisory committee) participated at this event.

The second workshop held in Colombo from 12th to 17th of September 2007, was based on the “Skills Building Workshop”, and the youth group produced a filmlet, that would incorporate into ICT advocacy tool produced by JOICFP. It is intended to use this tool at nominate regional level.

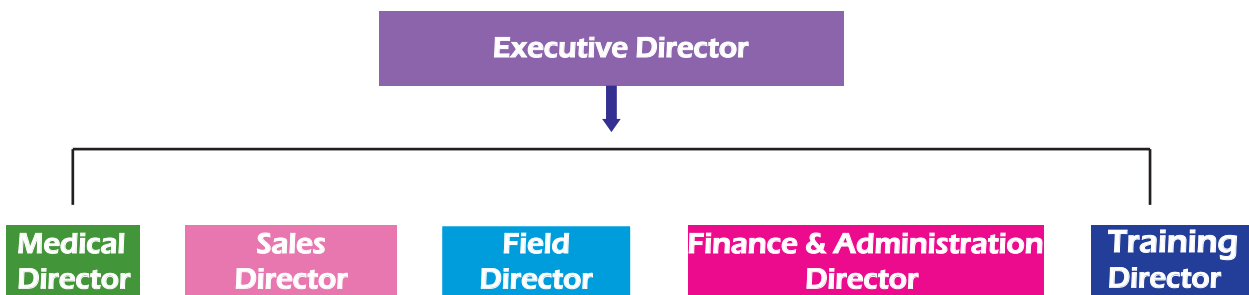
FPA Sri Lanka acknowledge with gratitude the assistance received from JOICFP in this regard.

# ORGANISATIONAL STRUCTURE

## Volunteer Structure



## Management Structure





# EXECUTIVE COMMITTEE MEMBERS



Mrs. Padma Cumarantunge  
Hony. President



Mrs. Lakshmi Ranasinghe  
Hony. Secretary



Mr. Fauzul Khalid  
Hony. Vice President



Mrs. Ranee Herath  
Hony. Treasurer



Dr. L.A.W. Sirisena  
Hony. Medical Director



Mr. Nimal Weerasekara  
Hony. Asst. Secretary



Mr. Ismath Issadeen  
Hony. Asst. Treasurer



Ms. Kamani Jinadasa  
Hony. Chairperson  
Finance & Administration



Mr. Sam Stembo  
Hony. Chairperson  
Contraceptive Retail Sales



Ms. G. C. Dharmadasa  
Hony. Chairperson  
Information, Education  
& Communication



Mr. M.V.M. Rajapaksha  
Hony. Chairperson  
Youth



Major Shirley Silva  
Immediate  
Past President



Mr. Dinidu V.K. Alwis  
Co-opted Member

## Executive Committee

Hony. President	- Mrs. Padma Cumaratunge
Hony. Secretary	- Mrs. Lakshmi Ranasinghe
Hony. Vice President	- Mr. Fauzul Khalid
Hony. Treasurer	- Mrs. Ranee Herath
Hony. Medical Director	- Dr. L.A.W. Sirisena
Hony. Asst. Secretary	- Mr. Nimal Weerasekera
Hony. Asst. Treasurer	- Mr. A. Ismeth Issadeen
Hony. Chairperson , Finance & Administration	- Ms. Kamani Jinadasa
Hony. Chairman, Contraceptive Retail Sales	- Mr. Sam Stembo
Hony. Chairperson - Information, Education & Communication	- Ms. G. C. Dharmadasa
Hony. Chairperson, Youth	- Mr. M. V. M. Rajapaksha
Hony. Immediate Past President	- Major Shirley Silva
Hony. Co-opted Member	- Mr. Dinudu V. K. de Alwis
Executive Director (Ex-officio)	- Mr. Gamini Wanasekera

## National Council Members

Dr. Pramilla Senanayake  
Mrs. Carol R.L. Nicolle  
Mrs Sujatha Samarakoon (up to March 2007)  
Ms. Roshni Motha (up to March 2007)  
Mr. S.A.Milroy Peries (up to March 2007)  
Mr. Prasanna Panangala  
Prof. P. Wilson  
Mr. Nihal Ramanayake  
Ms. Jayani Gunasekera  
Dr. Marlene Abeywardena (from March 2007)  
Ms. Dilrukshi Wickramasinghe - (from March 2007)  
Mr. Nalin Atygale - (from March 2007)

## Management Staff

<b>Executive Director</b>	- Mr. Gamini Wanasekera
<b>Medical Director</b>	- Dr. Shreen Willatgamuwa
<b>Director Field Programme</b>	- Mr. Lasantha Gunaratne
<b>Director Finance and Administration</b>	- Ms. Padma Nanayakkara
<b>Director Sales</b>	- Mr. Tissa Wijesundara
<b>Additional Director Field Programme</b>	- Mr. Sarath Weeratunga
<b>Director Training &amp; HRD</b>	- Ms Kusum de Silva

## Audit Committee

Mr. J. M. U. B. Jayasekera  
Chairperson  
Mr. Ajith Colonne  
Mr. P. A. S. Athula Kumara  
Mr. Chamara Bandara  
Representative - ICASL

## Technical Advisory Committees

### Medical

Dr. L.A.W. Sirisena  
**Hony. Medical Director**  
Prof. A.H. Sherifdeen  
Prof. Harsha Seneviratne  
Dr. Athula Kaluarachchi  
Dr. Selvie Perera  
Prof. Gita Fernando  
Prof. Lalani Rajapakse  
Dr. Esther Amarasekera  
Dr. Lalith Perera  
Dr. S.A.P. Gnanissara  
Prof. L.R. Amarasekera  
Dr. Lilangani de Silva  
Dr. Hemamali Perera  
Dr. Varuni de Silva  
Dr. Manil Fernando

### Contraceptive Retail Sales (CRS)

Mr. Sam Stembo - **Chairperson**  
Mr. A.C.Wijenadan  
Major Shirley Silva  
Mr. Nimal Weerasekera  
Mrs. Padma Cumaratunge  
Mrs. Rani Herath  
Mrs. Lakshmi Ranasinghe  
Mr. Saminda Senarathne  
Mr. Shirantha.A.Milroy Peiris  
Mr. R.M.M.V. Miliinda Rajapaksha

### Finance & Administration (FAC)

Ms. Kamani Jinadasa - **Chairperson**  
Mr. A.C Wijenathan  
Mrs. Padma Cumaratunge  
Major Shirley Silva  
Mrs. Rani Herath  
Mrs. Lakshmi Ranasinghe  
Mr. Fauzul Khalid  
Mrs. S. P. De Silva  
Mr. Ismeth Issadeen  
Ms. Ayanthi Samarasinghe  
Mr. Chandana Vithanage  
Mr. Indika Gamage

### Information Education & Communication (IEC)

Ms.G. C. Dharmadasa - **Chairperson**  
Mrs. Padma Cumaratunge  
Mrs. Ranee Herath  
Mrs. Lakshmi Ranasinghe  
Mr. Fauzul Khalid  
Major Shirley Silva  
Mr. A. Ismeth Issadeen  
Mr. Nimal Weerasekera  
Mrs. Shiranthini de Silva  
Mr. Prasanna Panangala  
Mrs. Carol R. L Nicolle  
Mr. Colvin Senarathne

### Youth

Mr. Milinda Rajapaksha  
**Chairperson**  
Mr. Asiri Sameera  
Ms. Jayani Gunasekera  
Ms. Paba Deshapriya  
Mr. O. N. M. G. Dharmarathne  
Mr. Amila Vensiri Rajapaksha  
Mr. Indika Gamage  
Mr. Isuru Karawita  
Ms. Thilini Anuruddika  
Mr. Prabath Pubudu  
Mr. Thimira Dilshan Liyanage  
Ms. Dinushi Chandraratne  
Mr. Isuru Jayawardena  
Mr. A. H. C. K. Padmadewa  
Ms. K. V. D. Lakshani  
Ms. Shehani Hewawasam