

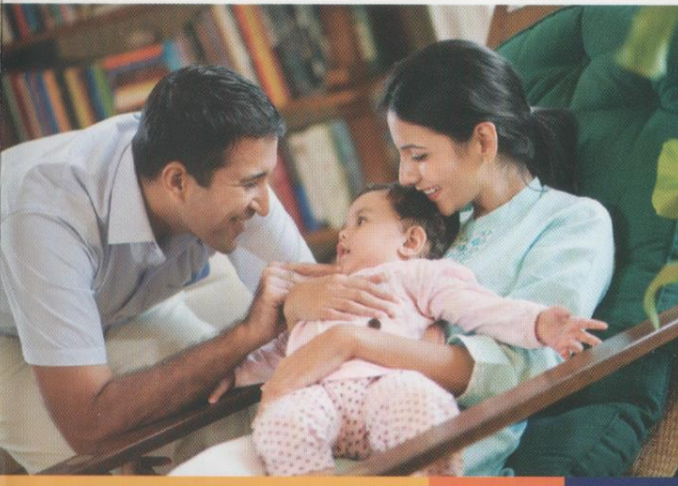


Centre for FAMILY HEALTH

Personal attention & confidential care by a dedicated team comprising of doctors, nurses and para medical staff specially trained on Sexual & Reproductive Health (SRH)

Our Services:

- Contraceptive Advice and Services
- Medical Screening- Male and Female
- Reproductive Health Consultations & advice
- Subfertility Services
- Sexual Health Clinic
- Cancer Screening
- Ultra Sound Scanning
- Laboratory Facilities
- Pharmacy
- Alokaya Counseling Centre
- Workshops/ Lectures



Reproductive Health Consultations & advice:

- Premarital & Post marital Counseling

Also, Please call over, if you have:

- Vaginal bleeding/ discharge
- Vulval nodules/ lumps
- Abdominal pain
- Menstrual complaints
- Menopausal issues
- Breast pain/ lumps

Subfertility Services:

Counseling, advice and treatment is available for couples concerned with the delay in having children.

- Seminal Fluid Analysis (SFA)
- Ovulation Induction
- Follicular Tracking
- Hystero Salpingogram (HSG)
- Intra Uterine Insemination (IUI)

Sexual Health Clinic:

Helps men & women regarding;

- Dysparunia (pain during sexual intercourse)
- Vaginismus
- Loss of libido
- Premature ejaculation
- Impotence, etc
- Specialists trained in psychosexual counseling and therapy are available on Wednesdays and Fridays by appointment
- We Help persons with gender identity or sexual orientation problems (MSM, cross dressing, sex change issues, etc)

Contraceptive Advice and Services:

To postpone first pregnancy, spacing between children & limit family size

Available methods:

- Condoms (male)
- Oral Contraceptive Pill (OCP)
- Depo injections (once in 3 months)
- Implants
- Intra Uterine Contraceptive Device
 - Copper containing
 - Hormone containing
- Male sterilization (Vasectomy)

Medical Screening for Both Males and Females:

To detect illnesses at an early stage. This can improve your quality of life.

Package 1:

Blood sugar (RBS/ FBS)

(10 – 12 hrs fasting)

Full Blood Count (FBC)

Urine Full Report (UFR)

Breast Examination

Pap smear - Screening for cervical cancer

Prostate examination or Pelvic examination

Package 2: (Package 1 with)

Lipid profile

ECG

Post Prandial Blood Sugar

Renal Function Test - Serum Creatinine

Liver Function Test - Gamma GT

All packages include a general examination, blood pressure, height, weight, BMI, vision check, etc.

Laboratory Facilities:

Most tests are done including urine pregnancy test.

We are a collecting centre for Asiri Group of Hospitals.

Cancer Screening for early detection:

Female;

- Breast examination
- Pap smears & pelvic examination for screening of cervical cancer

Males;

- Rectal examination for prostate cancer
- Ultra sound scanning if required

Ultra Sound Scanning Facilities:

Consultant Radiologist available by appointment.

Voluntary Counseling and Testing (VCT):

HIV and Sexual Transmitted Infections (STI)

Pharmacy:

Well stocked Pharmacy staffed with a registered Pharmacist.

Alokaya Counseling Centre:

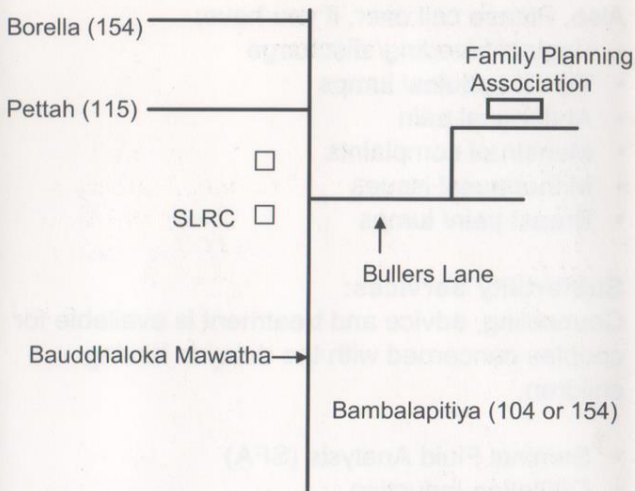
Provide psychological support on the following;

- Sexual problems
- Family issues
- Social issues
- Relaxation programmes

Workshops/ Lectures:

Services of doctors, counselors or trainers are available for lectures & interactive workshops on SRH, conducted either in house or at a selected venue.

Direction



- From Pettah - Route No. 115
- From Borella - Route No. 154
- From Bambalapitiya - Route No. 104 or 154
- From Nugegoda - Route No. 115 or 173





How to Contact us?

Centre for Family Health

37/27, Bullers Lane, Colombo 7

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Fax : 011 2 55 66 11, 2 580 915

E-mail : cfh@fpasrilanka.org

The Family Planning Association of Sri Lanka

Registered as a Guarantee Limited Company. Registration No : GA 585

Monday - Friday 8.00a.m. - 4.00p.m. Closed on
Weekends, Poya and Mercantile Holidays

Happy Life -Contact Centre



E - MAIL

happy@happylife.lk

English සිංහල தமிழ்

Close to your heart from a distance

காதுகொண்டு இதயத்துக்கு நெருக்கமான

TELEPHONE

011 2 588 488

*Winner - National Best e - Content Award (e - Health & Environment Category) at the e - Swabhimani 2009
Best Non Profit Website of the Year 2010*

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கேள்விகளை எழுப்புவதில் உதவியளிக்கும் மின்னஞ்சல், தொலைபேசி, வலைப்பதிவு, டைலிவரி செய்தி போன்ற மூல்களைப் பயன்படுத்தி

இனவியல் தொடர்பான தகவல் வழங்கும் ஆலோசனைகள் உடனடி சேவைகளை
இங்கு குறிப்பிட்டுள்ள எந்தொரு முறையிலும் பெற்றுக்கொள்ளுங்கள் முடியும்

Obtain information, medical advice or counseling services on reproductive health using these methods